

## @My Gym 5,2km - Algemene rangschikking

Startuur : 20-06-2026 14:45:36

Uitslag is volledig

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7025	Slegers	Jonas	M1	M35+	GS Running Tea	00:17:39	03:23
2	7070	Jeuris	Jef	M2	M35+	JJ Happy Run Co	00:18:09	03:29
3	0136	Roosen	Christophe	M3	M35+		00:18:17	03:30
4	0209	Provo	Sander	M4	M35-	BFC	00:18:23	03:32
5	7000	De Rooy	Andy	M5	M45+	Coyote sports tea	00:18:44	03:36
6	7075	Gelade	Kobe	M6	M35-		00:18:50	03:37
7	0042	Bex	Peter	M7	M35+	GS Running Tea	00:19:04	03:40
8	0189	Clerinx	Raf	M8	M45+	ATLA	00:19:27	03:44
9	0073	Arckens	Geert	M9	M35+	ADD TongerenJe	00:19:34	03:45
10	0211	Diels	Olivier	M10	M45+	ADD De Demer	00:19:55	03:49
11	7072	Slegers	Peter	M11	M55+	JMT Mol	00:19:57	03:50
12	0105	Schouterden	Arthur	M12	M35-	DVV Team 1	00:20:00	03:50
13	7096	Sonck	Ruth	V1	V35+	Sqm Running tea	00:20:01	03:50
14	0040	Vandewal	Siebe	M13	M35-	ADD	00:20:03	03:51
15	7087	Nguyen	Tien-Thanh	M14	M35+	AmsRunners	00:20:14	03:53
16	0037	Slegers	Robin	M15	M35+	BPM	00:20:16	03:53
17	0193	Hensen	Jonathan	M16	M45+	Vader zoon	00:20:34	03:57
18	7076	Gelade	Roeland	M17	M45+		00:20:40	03:58
19	7067	Drion	Daniel	M18	M45+	DCLA Halen	00:20:42	03:58
20	0190	Duchateau	Jan	M19	M35+		00:21:04	04:03
21	0221	Jorissen	Frdric	M20	M35+		00:21:06	04:03
22	0114	Lybeer	Jonathan	M21	M35-	RCT	00:21:10	04:04
23	0098	Moermans	Gert	M22	M45+	Lions Tongeren	00:21:15	04:05
24	0060	Pipeleers	Jasper	M23	M35-	Zltc	00:21:32	04:08
25	0201	Geijs	Niels	M24	M35+		00:21:34	04:08
26	0096	Vandevenne	Maarten	M25	M45+	Lions Tongeren	00:21:35	04:09
27	0077	Munsters	Ruben	M26	M35-		00:21:36	04:09
28	7161	Vanschoonwinkel	Noa	V2	V35-	ADD	00:21:38	04:09
29	0083	Houbrechts	Tom	M27	M35+	Hoeselt run	00:21:43	04:10
30	7048	Vanschoonwinkel	Gwen	M28	M45+	Bokkerijderstear	00:21:44	04:10
31	0133	KLIPPERT	Claire	V3	V35-	OUPEYE ATHL	00:21:56	04:13
32	7036	Scheepers	Luk	M29	M45+	Hoeselt run	00:22:01	04:14
33	0101	Swennen	Peter	M30	M35+	Lions Tongeren	00:22:04	04:14
34	0102	Swennen	Sandra	V4	V45+	Lions Tongeren	00:22:09	04:15
35	7109	Foets	Olivier	M31	M35+		00:22:11	04:15
36	0064	Wynants	Siemen	M32	M35-	ZVC Saint-Jean	00:22:14	04:16
37	7024	Pirs	Erwin	M33	M45+		00:22:16	04:16
38	0198	Scholts	Tibe	M34	M35-	Aca	00:22:19	04:17

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
39	0132	millen	jurgen	M35	M45+	fighters against c	00:22:20	04:17
40	7138	Vandermaesen	Ivo	M36	M65+	DCLA-Halen	00:22:23	04:18
41	0205	Hellinx	Wim	M37	M45+	Hoeselt Run	00:22:30	04:19
42	0076	Van de Poel	Lars	M38	M35-		00:22:31	04:19
43	7119	Wolfs	Michel	M39	M55+	Gs running team	00:22:32	04:20
44	7084	Wiertz	David	M40	M45+	Run TMC	00:22:37	04:20
45	0217	paulussen	KRistof	M41	M45+		00:22:52	04:23
46	7140	Biesmans	Jochen	M42	M45+		00:22:53	04:24
47	7139	Sluysmans	Isabella	V5	V45+		00:22:58	04:25
48	0196	Tans	Kian	M43	M35-		00:23:06	04:26
49	7031	Ruelens	Peter	M44	M55+	JMT	00:23:11	04:27
50	7074	Luts	Daniël	M45	M65+	DCLA Halen	00:23:12	04:27
51	7132	Finoulst	Marc	M46	M65+		00:23:21	04:29
52	0099	Jageneau	Julien	M47	M35-	Lions Tongeren	00:23:38	04:32
53	7122	Dusart	Wesley	M48	M35+		00:23:40	04:33
54	7129	RENAERS	Pieter	M49	M35+		00:23:46	04:34
55	7012	Verschueren	Frank	M50	M65+		00:23:47	04:34
56	0100	Schoefs	Filip	M51	M45+	Lions Tongeren	00:23:50	04:35
57	0069	Jacobs	Tim	M52	M35+		00:23:51	04:35
58	0126	Maes	Stan	M53	M35-		00:23:53	04:35
59	0120	Goffart	Siebe	M54	M35-		00:23:54	04:35
60	0215	Troosters	Mark	M55	M55+	Hoeselt Run	00:23:55	04:35
61	7156	Vanschooren	Kristof	M56	M35+		00:24:02	04:37
62	0053	Vossen	Nathan	M57	M45+		00:24:07	04:38
63	0218	Doms	Stijn	M58	M35+	Hogense loop	00:24:10	04:38
64	0134	Goris	Marc	M59	M55+		00:24:19	04:40
65	0207	Vanhauwaert	Bjorn	M60	M45+		00:24:33	04:43
66	0220	Stulens	Kris	M61	M35+		00:24:35	04:43
67	0121	Droogmans	Bram	M62	M35-		00:24:43	04:45
68	0129	Musiek	Noah	M63	M35-		00:24:43	04:45
69	0035	Jeral	Johan	M64	M55+	Hoeselt Runners	00:24:50	04:46
70	0192	Nolmans	Davy	M65	M45+	Hoeselt Run	00:25:01	04:48
71	0106	Schouterden	Lucas	M66	M35-	DVV Team 1	00:25:12	04:50
72	7091	Van den Rul	Veerle	V6	V35+		00:25:33	04:54
73	0208	Vanhauwaert	Emile	M67	M35-	KSK tongeren	00:25:37	04:55
74	7005	Hasevoets	Hagen	M68	M35+	Champagne Squa	00:25:41	04:56
75	0188	Van Samang	David	M69	M35+		00:25:47	04:57
76	0071	Van de Poel	Wim	M70	M45+		00:25:48	04:57
77	0065	Buntinx	Remi	M71	M35+	AZ Vesalius	00:25:51	04:58
78	7063	Vanneste	Liesbeth	V7	V35+		00:25:55	04:59
79	7082	Croughs	An	V8	V45+		00:25:59	04:59
80	0103	Spaepen	Ward	M72	M45+		00:26:00	05:00
81	7068	broos	bruno	M73	M65+		00:26:08	05:01
82	0186	Bruls	Jari	M74	M35-		00:26:19	05:03
83	7094	Morhaye	Peter	M75	M55+		00:26:25	05:04
84	7111	Rouffa	Hanne	V9	V35-		00:26:28	05:05
85	0212	Goffart	Lander	M76	M35-	KVVV s'Herene	00:26:40	05:07

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
86	0216	Fiers	Peter	M77	M45+		00:27:07	05:12
87	0213	Goffart	Jo	M78	M35+	Vette Hanen Rut	00:27:08	05:13
88	7116	Massonet	Marleen	V10	V45+	Bokkerijderstean	00:27:10	05:13
89	0222	Lathouwers	Dorien	V11	V35+		00:27:16	05:14
90	0194	Hensen	Liam	M79	M35-	Zoon vader	00:27:17	05:14
91	7013	Cambré	Sandra	V12	V45+	Coyote Sports Te	00:27:20	05:15
92	0127	Steegmans	Jelle	M80	M35-		00:27:32	05:17
93	7100	Sterken	Renata	V13	V55+	AVT	00:27:37	05:18
94	7080	Coenen	Wouter	M81	M35+		00:27:39	05:19
95	0061	Vandebeek	Dirk	M82	M45+	Bokkerijders tean	00:27:43	05:19
96	0050	Schepers	Marc	M83	M45+	Hoeselt run	00:27:50	05:21
97	7011	Tomsin	Ronny	M84	M45+	BFC Hoeselt Ru	00:27:53	05:21
98	0214	Yves	Verjans	M85	M45+	Hoeselt Run	00:27:55	05:22
99	0087	Decker	Emile	M86	M35-		00:28:00	05:23
100	0206	Boulet	Matisse	M87	M35-		00:28:07	05:24
101	0093	Fastré	William	M88	M35-		00:28:23	05:27
102	0068	Maes	Lars	M89	M35-	ADD Tongeren	00:28:45	05:31
103	7014	Scholts	Anneleen	V14	V35+	Champagne squa	00:28:54	05:33
104	0094	Fastré	Alexander	M90	M35-		00:28:55	05:33
105	0104	Spaepen	Emile	M91	M35-		00:29:02	05:35
106	0056	Vertommen	Elke	V15	V45+	Coyote Sports Te	00:29:05	05:35
107	0135	Clijmans	Mia	V16	V55+	Loopgroep Beers	00:29:18	05:38
108	7058	Loosen	Wim	M92	M45+		00:29:40	05:42
109	0118	Arckens	Lauren	V17	V35-		00:29:42	05:42
110	0041	Maes	Rony	M93	M65+		00:29:51	05:44
111	0219	flaviani	matti	M94	M35-	ADD de demer	00:30:17	05:49
112	0097	Coemans	Wildrik	M95	M45+	Lions Tongeren	00:30:21	05:50
113	0117	Montgomery	Robbie	M96	M55+		00:30:27	05:51
114	0131	Briers	Maarten	M97	M45+		00:30:29	05:51
115	0128	Vrancken	Linsey	V18	V35+		00:30:30	05:51
116	0122	Droogmans	Hanne	V19	V35-		00:30:31	05:52
117	0125	Vanderbeuken	Joris	M98	M35+		00:30:32	05:52
118	0119	Rouffa	Kristof	M99	M35+		00:30:33	05:52
119	0049	Goffin	Tiemen	M100	M35-		00:30:34	05:52
120	7018	Smet	Anthony	M101	M65+	Dcla Halen	00:30:46	05:55
121	0059	Mombeek	Elfi	V20	V65+		00:31:01	05:57
122	0223	Dejager	Brecht	M102	M35-	AtMyGym	00:31:11	05:59
123	0081	Boosten	Benny	M103	M55+		00:31:13	06:00
124	0051	De Maertelaere	Jordi	M104	M35-		00:31:20	06:01
125	0185	Duchateau	Marie France	V21	V55+	Hoeselt run	00:31:20	06:01
126	0108	Leonard	Anne-Sophie	V22	V35+	DVV Team 1	00:31:21	06:01
127	7032	Plevoets	Henriette	V23	V65+	Bokkerijders tean	00:31:33	06:04
128	0036	Potemans	Roger	M105	M65+	Sportiva Gelrode	00:31:38	06:05
129	0079	Nuyts	Lotte	V24	V35-		00:31:39	06:05
130	0043	Houben	Warre	M106	M35-		00:31:50	06:07
131	0044	Cloosen	Yarno	M107	M35-		00:31:50	06:07
132	0058	Hamers	Jos	M108	M65+		00:31:54	06:08

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
133	0084	Biesmans	An-Sofie	V25	V35+	Hoeselt run	00:31:55	06:08
134	0109	Paulussen	Ronnie	M109	M45+	DVV Team 2	00:31:56	06:08
135	0112	Janssen	Giel	M110	M35-	DVV Team 2	00:31:56	06:08
136	7053	Coenen	Kris	M111	M35+	Bokkerijderstea	00:32:06	06:10
137	0033	STULENS	MELVIN	M112	M35+	Jekkermeesters	00:32:16	06:12
138	0070	Henry	Femke	V26	V35-		00:32:16	06:12
139	7062	Polders	Jos	M113	M65+	ACA	00:32:24	06:13
140	0115	Colson	Zoë	V27	V35-	ADD Tongeren	00:32:32	06:15
141	7044	Swennen Groffils	Magali	V28	V45+		00:32:57	06:20
142	0047	Nelissen	Dominique	M114	M65+	Bilzen beweegt	00:33:07	06:22
143	7150	Daniels	Robin	M115	M35+		00:33:15	06:23
144	0107	Schouterden	Gilles	M116	M35-	DVV Team 1	00:33:29	06:26
145	0111	Schouterden	Ben	M117	M35+	DVV Team 2	00:33:54	06:31
146	0085	Goffin	Lore	V29	V35-	Hoeselt Run	00:34:00	06:32
147	0082	Slegers	Stephanie	V30	V35-		00:34:19	06:35
148	0075	Arckens	Elena	V31	V35-	ADD Tongeren	00:34:20	06:36
149	0074	Cortvriendt	Caroline	V32	V35+	Jekkermeesters	00:34:32	06:38
150	0034	Maris	Annelies	V33	V35+		00:34:43	06:40
151	0067	Claus	Cindy	V34	V45+	AZ Vesalius	00:34:52	06:42
152	0123	Diels	Eline	V35	V35-		00:34:56	06:43
153	0124	Diels	Marie	V36	V35-		00:34:57	06:43
154	7043	Massot	Sens	M118	M35-		00:35:00	06:43
155	7107	Houben	Wendy	V37	V65+	Atletiek Maastric	00:35:06	06:45
156	7037	Maes	Nadine	V38	V65+	Bokkerijders We	00:36:08	06:56
157	0078	Hex	Kristel	V39	V35+	Hoeselt Run	00:36:39	07:02
158	0182	Wijckmans	Bart	M119	M35+	Palmaers Vakhar	00:37:54	07:17
159	0063	Woets	Anne	V40	V35-		00:38:08	07:20
160	0184	Chodorowskyj	Marie	V41	V35-	Palmaers Vakhar	00:38:22	07:22
161	0183	Chodorowskyj	Kyrijan	M120	M35+	Palmaers Vakhar	00:38:24	07:23
162	0130	Chanson	Yves	M121	M35-		00:39:08	07:31
163	0187	Loverix	Tessa	V42	V35+		00:39:08	07:31
164	7001	Smets	Linda	V43	V55+	Jëls Leup - Elst I	00:39:13	07:32
165	0039	Timmermans	Peter	M122	M55+		00:39:16	07:33
166	0137	Peeters	Anja	V44	V45+		00:40:22	07:45
167	0091	Fiers	Martha	V45	V35-		00:40:23	07:45
168	0092	Simon	Elyse	V46	V35-		00:40:23	07:45
169	0116	Taskin	Ronnie	M123	M45+		00:40:55	07:52
170	0072	Swennen	Ramona	V47	V45+		00:40:56	07:52
171	0031	Beauprez	Yana	V48	V35-		00:41:20	07:56
172	0210	Hamers	Harrie	M124	M65+		00:43:18	08:19
173	0080	Boosten	Eddy	M125	M55+		00:43:24	08:20
174	0055	Van Helden	Imke	V49	V35-		00:43:45	08:24
175	0052	Ramant	Renske	V50	V35-		00:43:47	08:25
176	0038	Potemans	Ienke	V51	V35-	Sportiva Gelrode	00:44:03	08:28
177	0086	Poelmans	Noella	V52	V45+	Hoeselt Run	00:44:05	08:28
178	0048	Mengels	Irene	V53	V65+	Bilzen beweegt	00:44:06	08:28
179	7060	Roosen	Leo	M126	M65+	zac zonhoven	00:44:17	08:30

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
180	0202	Jans	Noel	M127	M45+		00:44:31	08:33
181	0089	Jans	Emilia	V54	V35-		00:44:32	08:33

## @My Gym 5,2km - Mannen 35-

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0209	Provo	Sander	M1	M35-	BFC	00:18:23	03:32
2	7075	Gelade	Kobe	M2	M35-		00:18:50	03:37
3	0105	Schouterden	Arthur	M3	M35-	DVV Team 1	00:20:00	03:50
4	0040	Vandewal	Siebe	M4	M35-	ADD	00:20:03	03:51
5	0114	Lybeer	Jonathan	M5	M35-	RCT	00:21:10	04:04
6	0060	Pipeleers	Jasper	M6	M35-	Zltc	00:21:32	04:08
7	0077	Munsters	Ruben	M7	M35-		00:21:36	04:09
8	0064	Wynants	Siemen	M8	M35-	ZVC Saint-Jean	00:22:14	04:16
9	0198	Scholts	Tibe	M9	M35-	Aca	00:22:19	04:17
10	0076	Van de Poel	Lars	M10	M35-		00:22:31	04:19
11	0196	Tans	Kian	M11	M35-		00:23:06	04:26
12	0099	Jageneau	Julien	M12	M35-	Lions Tongeren	00:23:38	04:32
13	0126	Maes	Stan	M13	M35-		00:23:53	04:35
14	0120	Goffart	Siebe	M14	M35-		00:23:54	04:35
15	0121	Droogmans	Bram	M15	M35-		00:24:43	04:45
16	0129	Musiek	Noah	M16	M35-		00:24:43	04:45
17	0106	Schouterden	Lucas	M17	M35-	DVV Team 1	00:25:12	04:50
18	0208	Vanhauwaert	Emile	M18	M35-	KSK tongeren	00:25:37	04:55
19	0186	Bruls	Jari	M19	M35-		00:26:19	05:03
20	0212	Goffart	Lander	M20	M35-	KVVV s'Herene	00:26:40	05:07
21	0194	Hensen	Liam	M21	M35-	Zoon vader	00:27:17	05:14
22	0127	Steegmans	Jelle	M22	M35-		00:27:32	05:17
23	0087	Decker	Emile	M23	M35-		00:28:00	05:23
24	0206	Boulet	Matisse	M24	M35-		00:28:07	05:24
25	0093	Fastré	William	M25	M35-		00:28:23	05:27
26	0068	Maes	Lars	M26	M35-	ADD Tongeren	00:28:45	05:31
27	0094	Fastré	Alexander	M27	M35-		00:28:55	05:33
28	0104	Spaepen	Emile	M28	M35-		00:29:02	05:35
29	0219	flaviani	matti	M29	M35-	ADD de demer	00:30:17	05:49
30	0049	Goffin	Tiemen	M30	M35-		00:30:34	05:52
31	0223	Dejager	Brecht	M31	M35-	AtMyGym	00:31:11	05:59
32	0051	De Maertelaere	Jordi	M32	M35-		00:31:20	06:01
33	0043	Houben	Warre	M33	M35-		00:31:50	06:07
34	0044	Cloosen	Yarno	M34	M35-		00:31:50	06:07
35	0112	Janssen	Giel	M35	M35-	DVV Team 2	00:31:56	06:08
36	0107	Schouterden	Gilles	M36	M35-	DVV Team 1	00:33:29	06:26
37	7043	Massot	Sens	M37	M35-		00:35:00	06:43
38	0130	Chanson	Yves	M38	M35-		00:39:08	07:31

## @My Gym 5,2km - Mannen 35+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7025	Slegers	Jonas	M1	M35+	GS Running Tea	00:17:39	03:23
2	7070	Jeuris	Jef	M2	M35+	JJ Happy Run Co	00:18:09	03:29
3	0136	Roosen	Christophe	M3	M35+		00:18:17	03:30
4	0042	Bex	Peter	M4	M35+	GS Running Tea	00:19:04	03:40
5	0073	Arckens	Geert	M5	M35+	ADD TongerenJe	00:19:34	03:45
6	7087	Nguyen	Tien-Thanh	M6	M35+	AmsRunners	00:20:14	03:53
7	0037	Slegers	Robin	M7	M35+	BPM	00:20:16	03:53
8	0190	Duchateau	Jan	M8	M35+		00:21:04	04:03
9	0221	Jorissen	Frdric	M9	M35+		00:21:06	04:03
10	0201	Geijs	Niels	M10	M35+		00:21:34	04:08
11	0083	Houbrechts	Tom	M11	M35+	Hoeselt run	00:21:43	04:10
12	0101	Swennen	Peter	M12	M35+	Lions Tongeren	00:22:04	04:14
13	7109	Foets	Olivier	M13	M35+		00:22:11	04:15
14	7122	Dusart	Wesley	M14	M35+		00:23:40	04:33
15	7129	RENAERS	Pieter	M15	M35+		00:23:46	04:34
16	0069	Jacobs	Tim	M16	M35+		00:23:51	04:35
17	7156	Vanschooren	Kristof	M17	M35+		00:24:02	04:37
18	0218	Doms	Stijn	M18	M35+	Hogense loop	00:24:10	04:38
19	0220	Stulens	Kris	M19	M35+		00:24:35	04:43
20	7005	Hasevoets	Hagen	M20	M35+	Champagne Squa	00:25:41	04:56
21	0188	Van Samang	David	M21	M35+		00:25:47	04:57
22	0065	Buntinx	Remi	M22	M35+	AZ Vesalius	00:25:51	04:58
23	0213	Goffart	Jo	M23	M35+	Vette Hanen Rut	00:27:08	05:13
24	7080	Coenen	Wouter	M24	M35+		00:27:39	05:19
25	0125	Vanderbeuken	Joris	M25	M35+		00:30:32	05:52
26	0119	Rouffa	Kristof	M26	M35+		00:30:33	05:52
27	7053	Coenen	Kris	M27	M35+	Bokkerijderstear	00:32:06	06:10
28	0033	STULENS	MELVIN	M28	M35+	Jekkermeisters	00:32:16	06:12
29	7150	Daniels	Robin	M29	M35+		00:33:15	06:23
30	0111	Schouterden	Ben	M30	M35+	DVV Team 2	00:33:54	06:31
31	0182	Wijckmans	Bart	M31	M35+	Palmaers Vakhar	00:37:54	07:17
32	0183	Chodorowskyj	Kyrijan	M32	M35+	Palmaers Vakhar	00:38:24	07:23

## @My Gym 5,2km - Mannen 45+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7000	De Rooy	Andy	M1	M45+	Coyote sports tea	00:18:44	03:36
2	0189	Clerinx	Raf	M2	M45+	ATLA	00:19:27	03:44
3	0211	Diels	Olivier	M3	M45+	ADD De Demer	00:19:55	03:49
4	0193	Hensen	Jonathan	M4	M45+	Vader zoon	00:20:34	03:57
5	7076	Gelade	Roeland	M5	M45+		00:20:40	03:58
6	7067	Drion	Daniel	M6	M45+	DCLA Halen	00:20:42	03:58
7	0098	Moermans	Gert	M7	M45+	Lions Tongeren	00:21:15	04:05
8	0096	Vandevenne	Maarten	M8	M45+	Lions Tongeren	00:21:35	04:09
9	7048	Vanschoonwinkel	Gwen	M9	M45+	Bokkerijderstea	00:21:44	04:10
10	7036	Scheepers	Luk	M10	M45+	Hoeselt run	00:22:01	04:14
11	7024	Pirs	Erwin	M11	M45+		00:22:16	04:16
12	0132	millen	jurgen	M12	M45+	fighters against c	00:22:20	04:17
13	0205	Hellinx	Wim	M13	M45+	Hoeselt Run	00:22:30	04:19
14	7084	Wiertz	David	M14	M45+	Run TMC	00:22:37	04:20
15	0217	paulussen	KRistof	M15	M45+		00:22:52	04:23
16	7140	Biesmans	Jochen	M16	M45+		00:22:53	04:24
17	0100	Schoefs	Filip	M17	M45+	Lions Tongeren	00:23:50	04:35
18	0053	Vossen	Nathan	M18	M45+		00:24:07	04:38
19	0207	Vanhouwaert	Bjorn	M19	M45+		00:24:33	04:43
20	0192	Nolmans	Davy	M20	M45+	Hoeselt Run	00:25:01	04:48
21	0071	Van de Poel	Wim	M21	M45+		00:25:48	04:57
22	0103	Spaepen	Ward	M22	M45+		00:26:00	05:00
23	0216	Fiers	Peter	M23	M45+		00:27:07	05:12
24	0061	Vandebeek	Dirk	M24	M45+	Bokkerijders tea	00:27:43	05:19
25	0050	Schepers	Marc	M25	M45+	Hoeselt run	00:27:50	05:21
26	7011	Tomsin	Ronny	M26	M45+	BFC Hoeselt Ru	00:27:53	05:21
27	0214	Yves	Verjans	M27	M45+	Hoeselt Run	00:27:55	05:22
28	7058	Loosen	Wim	M28	M45+		00:29:40	05:42
29	0097	Coemans	Wildrik	M29	M45+	Lions Tongeren	00:30:21	05:50
30	0131	Briers	Maarten	M30	M45+		00:30:29	05:51
31	0109	Paulussen	Ronnie	M31	M45+	DVV Team 2	00:31:56	06:08
32	0116	Taskin	Ronnie	M32	M45+		00:40:55	07:52
33	0202	Jans	Noel	M33	M45+		00:44:31	08:33

@My Gym 5,2km - Mannen 55+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7072	Slegers	Peter	M1	M55+	JMT Mol	00:19:57	03:50
2	7119	Wolfs	Michel	M2	M55+	Gs running team	00:22:32	04:20
3	7031	Ruelens	Peter	M3	M55+	JMT	00:23:11	04:27
4	0215	Troosters	Mark	M4	M55+	Hoeselt Run	00:23:55	04:35
5	0134	Goris	Marc	M5	M55+		00:24:19	04:40
6	0035	Jeral	Johan	M6	M55+	Hoeselt Runners	00:24:50	04:46
7	7094	Morhaye	Peter	M7	M55+		00:26:25	05:04
8	0117	Montgomery	Robbie	M8	M55+		00:30:27	05:51
9	0081	Boosten	Benny	M9	M55+		00:31:13	06:00
10	0039	Timmermans	Peter	M10	M55+		00:39:16	07:33
11	0080	Boosten	Eddy	M11	M55+		00:43:24	08:20

@My Gym 5,2km - Mannen 65+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7138	Vandermaesen	Ivo	M1	M65+	DCLA-Halen	00:22:23	04:18
2	7074	Luts	Daniël	M2	M65+	DCLA Halen	00:23:12	04:27
3	7132	Finoulst	Marc	M3	M65+		00:23:21	04:29
4	7012	Verschueren	Frank	M4	M65+		00:23:47	04:34
5	7068	broos	bruno	M5	M65+		00:26:08	05:01
6	0041	Maes	Rony	M6	M65+		00:29:51	05:44
7	7018	Smet	Anthony	M7	M65+	Dcla Halen	00:30:46	05:55
8	0036	Potemans	Roger	M8	M65+	Sportiva Gelrode	00:31:38	06:05
9	0058	Hamers	Jos	M9	M65+		00:31:54	06:08
10	7062	Polders	Jos	M10	M65+	ACA	00:32:24	06:13
11	0047	Nelissen	Dominique	M11	M65+	Bilzen beweegt	00:33:07	06:22
12	0210	Hamers	Harrie	M12	M65+		00:43:18	08:19
13	7060	Roosen	Leo	M13	M65+	zac zonhoven	00:44:17	08:30

## @My Gym 5,2km - Vrouwen 35-

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7161	Vanschoonwinkel	Noa	V1	V35-	ADD	00:21:38	04:09
2	0133	KLIPPERT	Claire	V2	V35-	OUPEYE ATHL	00:21:56	04:13
3	7111	Rouffa	Hanne	V3	V35-		00:26:28	05:05
4	0118	Arckens	Lauren	V4	V35-		00:29:42	05:42
5	0122	Droogmans	Hanne	V5	V35-		00:30:31	05:52
6	0079	Nuyts	Lotte	V6	V35-		00:31:39	06:05
7	0070	Henry	Femke	V7	V35-		00:32:16	06:12
8	0115	Colson	Zoë	V8	V35-	ADD Tongeren	00:32:32	06:15
9	0085	Goffin	Lore	V9	V35-	Hoeselt Run	00:34:00	06:32
10	0082	Slegers	Stephanie	V10	V35-		00:34:19	06:35
11	0075	Arckens	Elena	V11	V35-	ADD Tongeren	00:34:20	06:36
12	0123	Diels	Eline	V12	V35-		00:34:56	06:43
13	0124	Diels	Marie	V13	V35-		00:34:57	06:43
14	0063	Woets	Anne	V14	V35-		00:38:08	07:20
15	0184	Chodorowskyj	Marie	V15	V35-	Palmaers Vakhar	00:38:22	07:22
16	0091	Fiers	Martha	V16	V35-		00:40:23	07:45
17	0092	Simon	Elyse	V17	V35-		00:40:23	07:45
18	0031	Beauprez	Yana	V18	V35-		00:41:20	07:56
19	0055	Van Helden	Imke	V19	V35-		00:43:45	08:24
20	0052	Ramant	Renske	V20	V35-		00:43:47	08:25
21	0038	Potemans	Ienke	V21	V35-	Sportiva Gelrode	00:44:03	08:28
22	0089	Jans	Emilia	V22	V35-		00:44:32	08:33

@My Gym 5,2km - Vrouwen 35+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7096	Sonck	Ruth	V1	V35+	Sqm Running tea	00:20:01	03:50
2	7091	Van den Rul	Veerle	V2	V35+		00:25:33	04:54
3	7063	Vanneste	Liesbeth	V3	V35+		00:25:55	04:59
4	0222	Lathouwers	Dorien	V4	V35+		00:27:16	05:14
5	7014	Scholts	Anneleen	V5	V35+	Champagne squa	00:28:54	05:33
6	0128	Vrancken	Linsey	V6	V35+		00:30:30	05:51
7	0108	Leonard	Anne-Sophie	V7	V35+	DVV Team 1	00:31:21	06:01
8	0084	Biesmans	An-Sofie	V8	V35+	Hoeselt run	00:31:55	06:08
9	0074	Cortvriendt	Caroline	V9	V35+	Jekkermeisters	00:34:32	06:38
10	0034	Maris	Annelies	V10	V35+		00:34:43	06:40
11	0078	Hex	Kristel	V11	V35+	Hoeselt Run	00:36:39	07:02
12	0187	Loverix	Tessa	V12	V35+		00:39:08	07:31

@My Gym 5,2km - Vrouwen 45+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0102	Swennen	Sandra	V1	V45+	Lions Tongeren	00:22:09	04:15
2	7139	Sluysmans	Isabella	V2	V45+		00:22:58	04:25
3	7082	Croughs	An	V3	V45+		00:25:59	04:59
4	7116	Massonet	Marleen	V4	V45+	Bokkerijderstear	00:27:10	05:13
5	7013	Cambré	Sandra	V5	V45+	Coyote Sports Te	00:27:20	05:15
6	0056	Vertommen	Elke	V6	V45+	Coyote Sports Te	00:29:05	05:35
7	7044	Swennen Groffils	Magali	V7	V45+		00:32:57	06:20
8	0067	Claus	Cindy	V8	V45+	AZ Vesalius	00:34:52	06:42
9	0137	Peeters	Anja	V9	V45+		00:40:22	07:45
10	0072	Swennen	Ramona	V10	V45+		00:40:56	07:52
11	0086	Poelmans	Noella	V11	V45+	Hoeselt Run	00:44:05	08:28

@My Gym 5,2km - Vrouwen 55+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	7100	Sterken	Renata	V1	V55+	AVT	00:27:37	05:18
2	0135	Clijmans	Mia	V2	V55+	Loopgroep Beers	00:29:18	05:38
3	0185	Duchateau	Marie France	V3	V55+	Hoeselt run	00:31:20	06:01
4	7001	Smets	Linda	V4	V55+	Jèls Leup - Elst I	00:39:13	07:32

@My Gym 5,2km - Vrouwen 65+

Rang	Borstnr	Achternaam	Voornaam	M/V	Cat	Club	Tijd	min/km
1	0059	Mombeek	Elfi	V1	V65+		00:31:01	05:57
2	7032	Plevoets	Henriette	V2	V65+	Bokkerijders team	00:31:33	06:04
3	7107	Houben	Wendy	V3	V65+	Atletiek Maastricht	00:35:06	06:45
4	7037	Maes	Nadine	V4	V65+	Bokkerijders Weert	00:36:08	06:56
5	0048	Mengels	Irene	V5	V65+	Bilzen beweegt	00:44:06	08:28